



# ROCKINGHAM COUNTYWINGS



Chapter NC-W

Eden, NC

September 2008

2008 STAFF	FROM THE CHAPTER DIRECTORS
<b>Chapter Directors</b> Darrell & Kay Hopper	<b>Hello Chapter W and all other Goldwingers,</b>
<b>Asst. Chapter Directors</b>	<b>We would like to thank all of the Chapter members who were able to attend the cookout at Barbara and Joe's. And a special thank you to the two of them for opening up their home to us. I believe everyone had a good time. And how about all of those desserts! We have a bunch of good cooks, don't we?</b>
<b>Chapter Couple</b> Joe & Barbara Chatman	<b>Wings Over the Smokies will be next week, and we are looking forward to going. Our group will be leaving at 8:00 a.m. from the Red Birch on 220 in Madison. If you are going with us, please be there with a full tank of gas. We will be stopping at the Cracker Barrel in Clemmons for breakfast. Remember that we have parking lot duty that evening.</b>
<b>Chapter Educators</b> Wayne & Molly Byrd	<b>For all of you couples, please remember that we are going to ride to Charleston, SC. We are leaving October 11, 2008. Darrell and I will be returning home on the Thursday before, but we are still planning to go on this ride. Once again, for any of the men who would like to ride the annual men's ride, the group is leaving October 19, 2008. They are planning to go to Key West, Florida.</b>
<b>Secretary / Treasurer</b> Rodger & Betty Hodges	<b>Our fall stew will be November 8th. Please start taking your orders now. The stew is still being sold at \$4.00 a quart. We know that everyone else has increased the price, but we are still holding our price down.</b>
<b>Newsletter Editor</b> Wayne Byrd	<b>The Chapter Christmas party will be the first Saturday in December. Please mark your calendar. That and our December meeting will be the last functions Darrell and I will do as Chapter Directors. At this time, we still have not had anyone step up to take our place next year. We would hate to see this Chapter fold because no one has taken over as CD. If you are willing to do this job, we need to get the paperwork completed now in order for you to be in place in January.</b>
<b>Ride Coordinators</b> Bruce & Sandy Burroughs	<b>As always, Ride Safe</b> <b>Darrell and Kay Hopper</b> <b>NC-W Chapter Directors</b>
<b>Recruit &amp; Retention</b> Clyde & Debbie Lawrence	<b>May you always have Love to Share , Health to Spare, and Friends that Care</b>
<b>Ways &amp; Means</b> Rickey & Carolyn Vernon	
<b>Sunshine Lady</b> Linda Pendergraph	
<b>Phone Tree Lady</b> Sally Kelley	
<b>Historians</b> Bobby & Jewell Walker	
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<b>We gather the 3rd Monday at</b> <b>The Golden Corral at</b> <b>1566 Freeway Drive</b> <b>Reidsville, NC</b> <b>6:30 meal 7:30 meeting</b>	
<b>Please visit our website at</b> <b>www.gwrranc.org</b>	

## FROM THE CHAPTER EDUCATORS



### Long Distance Travel

The fatigue from long distance traveling is very often recognized as a potential problem. We see the affects of fatigue as it is manifested in others riding with us. The muscles get tight and need to be relaxed, and the lower back starts to ache more than usual. Our concentration begins to wander as we focus more on the sights than on the road. We begin to lose segments of the trip in our consciousness. We won't admit to tempers getting shorter and becoming irritated at unimportant details. How many times, after having taken a break, do we see or hear others complaining about how long it takes for Couple X to get their gear on and get back on the bike? How many times, as the day progresses, have we heard negative comments about other road users who are actually driving in the same manner as they did at 7 a.m., but at 4 p.m. it's become far more irritating?

We must be aware of our limits and we must be prepared to accept those limits. Forcing ourselves to meet distance goals is often the worst demand we can place on ourselves. We have that destination in mind and nothing will prevent us from achieving it. We will not allow ourselves to admit defeat or arrive late. The solution, of course, is to take breaks, plan reasonable distances, and realize when we are getting fatigued. Get off of the bike for a while. This is a vacation, after all, not a long distance rally.

When planning your trip, plan for as short a day as possible. Plan frequent stops and rest breaks - typically no more than an 1 1/2 hours apart. Drink lots of liquids, preferably water, as carbonated drinks tend to work against us rather than help. Monitor your restroom breaks and needs. If you are going a long time with no need to "go," then you are not getting enough water and you're placing yourself at risk.

Monitor your attitude. If you begin to get more irritable (or you seem to think your Co-Rider is the one getting more irritable) then it's time to take a break. And at every break, drink water.

The trip will be enjoyable and pleasant if we pay attention to the little things, and react to the feedback and indicators we get from our bodies. And remember – your body will react entirely different than your Co-Rider's or others riding with you. Don't be macho – be safe!

Ride Safe,  
Wayne and Molly Byrd  
NC-W Chapter Educators

## Area County Proposes Nation's First Motorcycle Rest Area

BY ALLEN WORRELL, [THE CARROLL NEWS](#)

POSTED: 8:33 am EDT August 27, 2008

UPDATED: 9:13 am EDT August 27, 2008

CARROLL COUNTY, Va. -- If Pine Creek District Supervisor Wes Hurst has his way, Carroll County could soon turn into a virtual hog heaven.

Hurst, who doubles as a Carroll County Supervisor and sales manager at Harley Davidson of Wytheville, is proposing to open a motorcycle rest area in Carroll County — something that would be a first of its kind in the United States.

Hurst recently proposed the idea, along with County Administrator Gary Larowe, to the Governor's Motorcycle Advisory Council during a meeting in Danville. So far he said he has received nothing but positive feedback and Hurst hopes the proposal will turn into reality. He said the motorcycle rest area would benefit both motorcyclists and Carroll County as it would bring in needed revenue to the county. "A lot of motorcyclists have reservations about using a regular rest area on the interstate due to the fact of the large vehicles that are in there and it is very easy for them not to see you. It is a cramped quarters and it is one of those places you are little bit apprehensive about using if you are a motorcyclist," Hurst said. "And our area is very blessed to have a lot of traffic from motorcycles due to the parkway, due to us being in the mountains and having a lot of Virginia byways to ride on in this area. It picks up the traffic for us, which in turn gives us extra revenue dollars, money that is spent in the area."

Though no definite location has been targeted for the proposed rest area, Hurst said the group is looking at the Fancy Gap area because of its location near the Blue Ridge Parkway and Interstate 77. The severe fog issues that plague the Fancy Gap area would also make it an ideal candidate for the rest area, as well as the large amount of North Carolina motorcyclists who ride through Carroll on weekends.

"The funding for it would be applied for through grants through several agencies throughout the state due to the simple fact that we are talking about promoting safety, and increasing tourism dollars. That is our whole goal," Hurst said. "This would be the first of its kind in the nation and we would like to see it come to Carroll County instead of somewhere else. The other thing we thought was good was if we could get it located in an area within close proximity to places to eat, and stay overnight, and places to buy fuel so that it would help promote the whole area for us for bringing in more dollars to the county." The proposed motorcycle rest area itself would be just a rest area with restrooms, including handicapped-accessible restrooms, and a water fountain. There would be no vending machines or anything of that nature, Hurst said. It would also have a cover on each side of the rest area that would serve as shelters for motorcyclists during thunderstorms and other inclement weather.

Motorcycling Virginia, an advisory council started by former Governor Mark Warner, promotes motorcycling in Virginia for safety reasons as well as tourism dollars, Hurst said. Because of high fuel costs, he said the number of motorcycle riders has greatly increased. Therefore, safety becomes a bigger issue. Rider fatigue can lead to poor judgment and accidents and presents a new challenge to riders.

The proposed motorcycle-only rest area would help prevent rider fatigue, according to the proposal, and would only be wide enough for a trike to enter. The fact that motorcycle fatalities have gone down in the past year shows that motorcycle awareness and training is paying off.

Tourist information including brochures for local businesses would also be available at the proposed rest area.

“We are trying to sell Carroll County to the rest of the state and virtually to the rest of the country. If you actually want to go motorcycling, this is a great area to go,” Hurst said. “And with fuel costs the way they are right now, you are seeing more and more motorcycle people taking trips and vacations on bikes, so that is the whole reason that the program was first started.”

Hurst said citizens should go to [www.motorcycleva.com](http://www.motorcycleva.com) for questions or ideas.

Hurst said the idea for the motorcycle rest stop has been called both innovative and new business venture-like. While he wouldn't go that far, he said it is just another example of the county trying to capitalize on the people coming into the area.

“Again we are just trying to take an opportunity to bring in money to the county any which way we can. I'm not saying it's the only way, but it's one of the ways. If it will help generate some revenue, which will end up helping our tax base, which ends up helping the taxpayers in the county, then hey, I am all for it,” Hurst said. “I felt like if we had an area where people could take a break, relax, enjoy, and it was in a high enough traffic area so they would feel safe, then they were going to use it. The more the location would be used, the better it would help everybody that is around that area.”

*This article appeared in Wednesday's edition of The Carroll News.*



## 2008 North Carolina District, Region N, & Nearby Events Calendar

<i>DATE</i>	<i>HOST CHAPTER</i>	<i>LOCATION</i>
	<i>August</i>	
<i>7 - 9</i>	<i>Kentucky District - Blue Grass Blast</i>	<i>Someset, KY</i>
<i>16</i>	<i>NC-T2 School Tool Ride</i>	<i>Albemarle, NC</i>
	<i>September</i>	
<i>18 - 20</i>	<i>Wings Over The Smokies</i>	<i>Fletcher, NC</i>
	<i>October</i>	
<i>9 - 11</i>	<i>Virginia District - Rally in the Valley</i>	<i>Salem, WV</i>
<i>25</i>	<i>NC-B Tractor Pull</i>	<i>Goldsboro, NC</i>
	<i>November</i>	
	<i>December</i>	



**ROCKINGHAM COUNTY WINGS  
IS  
HAVING  
A  
HOMEMADE STEW  
SALE  
SATURDAY  
NOVEMBER 8<sup>TH</sup>  
AT THE  
DAN VALLEY COMMUNITY  
BUILDING  
310 DAN VALLEY ROAD  
MAYODAN, NC  
EAT IN OR TAKE OUT  
SERVING FROM 11:00AM  
\$4.00 A QUART**