



ROCKINGHAM COUNTY WINGS



Chapter NC-W

Eden, NC

October 2011

2011 STAFF

Chapter Directors
Glenn & Becky Fargis

Asst. Chapter Directors
Ed & Sandy Paisley

Chapter Couple
Ronald & Linda Fargis

Chapter Educators
Wayne & Molly Byrd

Secretary / Treasurer
Rodger & Betty Hodges

Newsletter Editor
Wayne Byrd

Ride Coordinators
Lawrence & Lois Shumate

Sunshine Lady
Liz Hester

Goodie Sales

Phone Tree Lady
Janice Elgin

Historian / Photographer
Velma Burcham

We gather the 3rd Monday at the Golden Corral at 1566 Freeway Drive Reidsville, NC 6:30 meal 7:30 meeting

Please visit our website at www.gwrranc.org

FROM THE CHAPTER DIRECTORS

Wings Over the Smokies has come and gone. It was "VeGAS" in the Smokies as Chapter W participants cooked beans, beans, and more beans. I'd like to say a "BIG Thank You" to those of you who went to WOS and assisted in preparing and serving the pinto beans. Thanks to your hard work, no one went hungry. I'm proud of the service that each of you provided in supporting the North Carolina District. The trip wasn't all work and no play, however. Several Chapter members took time to participate in the guided tour to Mount Mitchell while others took rides of their own to enjoy the natural beauties of our great State of North Carolina. There were plenty of vendors and some of us found those items that seemed to be missing from our bikes. Others took time to invest in additional safety gear, which is always money well spent. I hope everyone enjoyed the weekend as much as Becky and I did.

Last month, we talked a little about how GWRRA is an association and how we differ from clubs. This month, I'd like to share with you how we are organized. The following information is taken from the GWRRA Officer Handbook.

Director (Chairman of the Board)

Executive Director

Operations Directors:

- Rider Education
- Leadership Training
- Membership Enhancement
- Canadian Operations
- Global Affairs
- Region Directors

Region Director

Team:

- Assistant Region Director
- District Directors
- Treasurer
- Rider Education
- Leadership Training
- Membership Enhancement

District Director

Team:

- Assistant District Director

- Chapter Directors
- Treasurer
- Rider Education
- Leadership Training
- Membership Enhancement

Chapter Director

Team:

- Assistant Chapter Director
- Treasurer
- Rider Education
- Membership Enhancement

THE APPOINTING PROCESS FOR OPERATIONS LEADERS:

- 1) The Executive Director interviews and appoints all Region Directors and Senior Region Directors. All Assistant Region Directors are interviewed and appointed by the Region Director with approval of the Executive Director.
- 2) The Region Director interviews and appoints all District Directors and Senior District Directors with approval of the Executive Director. All Assistant District Directors are interviewed and appointed by the District Director with approval of the Region Director.
- 3) The District Director interviews and appoints all Chapter Directors with approval of the Region Director. All Assistant Chapter Directors are interviewed and appointed by the Chapter Director with approval of the District Director.
- 4) The above represents the Operations Division of GWRRA. If the Leader resigns before tenure is complete, they should do so in writing to the attention of the appointing Office. As much prior notice as possible should be given in order to make the transition harmonious and effective.

Note: The appointment becomes official at the time the Home Office processes the paperwork.

REGION STAFF ORGANIZATION:

All officers within a Region comprise the Region Operations Staff. This includes appropriate Division Officers (*i.e.* District Directors, Assistant District Directors, Rider Education, Leadership Training, and Treasurer).

Other willing Members may accept appointments from the Region Director to fill positions that they deem necessary. Ways and Means, Rally Coordinators, Advisory Council, and so forth are but a few positions that may be needed. These Participants also become part of the Region Support Staff.

DISTRICT STAFF ORGANIZATION:

All Operations Officers within a particular District comprise the District Operations Staff (*i.e.* Chapter Directors, Assistant Chapter Directors, Rider Education, Leadership Training, Membership Enhancement, and Treasurer).

Other willing Members may accept appointments from the District Director to fill positions that they deem necessary. These Participants also become part of the District Support Staff.

CHAPTER STAFF ORGANIZATION:

All Operations Officers within a particular Chapter comprise the Chapter Operations Staff (*i.e.* Assistant Chapter Director, Rider Education, Leadership Training, Membership Enhancement, and Treasurer).

Other willing Members may accept appointments from the Chapter Director to fill positions that they deem necessary. These Participants also become part of the Chapter Support Staff.

(Officers Handbook, Revised January 2010, GWRRA 21423 North 11th Avenue Phoenix, Arizona, 85027)

Hopefully this information has given you a better understanding of the structure of our Association. You see that our leaders consist of GWRRA members who have volunteered their time to provide the support structure necessary to coordinate the operations of GWRRA.

Ride safe & ride often,
Chapter Directors, Chapter NC-W
Glenn & Becky Fargis



FROM THE CHAPTER ASSISTANT CHAPTER DIRECTORS

Hi, everyone. I hope you're all enjoying this lovely Fall weather as much as we are. Ed is really enjoying the commute to work now, with temperatures that are *JUST RIGHT*.

As most of you know, Ed is a beekeeper and he's just been "buzzing around" getting those little insects ready for winter. Did you know that honey is one of the purest foods that you can eat because it is the natural sweetener straight from nectar of living plants? Have you passed a roadside stand while riding this Fall and picked up some luscious Fall apples or sweet potatoes? Have you seen the amber, liquid gold sitting there glistening in the sun? Ummmm, how about some nice crisp apples, a little honey, real butter, maybe brown sugar, nuts or raisins and cinnamon prepared lovingly in a hot, mouth-watering apple pie?? Makes you want to do a Red Robin commercial or something, doesn't it? (Yum!!) With a chef in our midst, maybe we could convince Daniel to share some tidbits with us all using nature's bounty. Besides, apples, honey, nuts, raisins, and cinnamon are all those things that are good for you, so apple pie must be a health food, right?

There is one more thing about honey bees that perhaps I can share with you which is just going to make your day. Now listen up, ladies. There are between 30,000 and 40,000 bees in a hive, and 90% of them are female. They're called the *worker bees*, and they do 100% of the work. The male bees are called drones, and they do one thing, one time, and then lie around the hive and let the females take care of them (wonder if they have a remote control and bee-beer?). All the queen does is lay eggs and then die from exhaustion in about 2 years. The female bees' life span in the Summer is about 30 days -- they work themselves do death. Really. I'm not kidding.

As you can all tell this little article is written by the wife of this marriage, entirely in jest, but the above honey-bee information is really true. Ed is a dedicated beekeeper, and works hard to maintain these little creatures, but here's just one more little tidbit to make you smile. It's a little poem, author unknown:

"The Queen Bee is a busy soul, she gives no mind to birth control. And that is why in times like these, we're all surrounded by sons of bees."

Bee Happy, Gold Wingers, and have a Honey of a Day,
Assistant Chapter Directors, Chapter NC-W
Ed & Sandy Paisley



FROM THE CHAPTER EDUCATORS

Let's talk about Rider Education. There are many ways to go about education -- individual practice, riding schools, seminars, articles, etc. But no matter how each of us goes about Rider Education, the goal is the same: Safety and Reducing Risks. Let's not sugar coat it. Learning how to ride safe and minimize your risks could save your life one day. So how do I facilitate this education and emphasis on safety?

I will take a two-pronged approach to this question using the Rider Education Program (REP) and Parking Lot Practices (PLP). REP is a fundamental part of GWRRA's commitment to safety through education. The basic goal of the REP is to make motorcycling safer by increasing skills and awareness in the interest of reducing injuries and fatalities. To put it plainly, rider education saves lives (check out the Motorcycle Safety Foundation's website for the stats)!! I encourage each of you (both Riders and Co-riders) to get involved and advance to that next level!! Let's see if we can't get everyone in NC-W enrolled in the REP! I have listed the specifics for each of the four Levels on the Chapter website, (gwrrancw.org) and I will have the necessary paperwork at Chapter gatherings, PLP, and Chapter rides. Let's all get involved!!

The REP is a great system from GWRRA, but beyond that, how do we, at a local level, extend our abilities and knowledge in order to become safer riders? How do we take the things we learn at seminars and put them into action? The answer is simple to come up with, but difficult to implement. Practice!! Talking and learning about riding skills is one thing; putting them into practice ON the bike is a whole different issue. Anyone who has taken an ERC will tell you that.

So, in addition to having fun, let's all practice safe riding.

Chapter Educators, Chapter NC-W
Wayne & Molly Byrd



THE MOTORCYCLING CHEF

As Summer begins to wind down and Fall starts to set in, we seem to eat at home more often, not wanting to travel away from home in the colder weather. This month, I have decided to include a few tips and a recipe for breakfast or lunch. If you like egg salad, pay attention. First fill a medium to large pot with about 4 cups of water and put over high heat. Next take a stainless steel strainer and a lid and place in the top of the pot, not touching the water, and cover. After the water has come to a rapid boil, place desired amount of eggs in the strainer and set the timer for 14 minutes. As soon as the timer goes off, remove the eggs and toss them in the strainer to crack. Then cover with ice, which loosens the vacuum created inside of the eggs and allows the egg to shrink a slight amount as it cools pulling it away from the shell. This will make the eggs easier to peel. After peeling the eggs, use a fork to mash the whites and yolks together. For the recipe, use one dozen eggs and add 1/2 cup mayonnaise, 1 tbsp. of mustard, 1/2 tsp. of Texas Pete hot sauce, one shallot finely diced, and last add 2 tbsp. of thinly sliced scallions or green onions. Then you can season to your liking with salt and pepper and enjoy.

The Motorcycling Chef, Chapter NC-W
Daniel Fargis

TECH, TIPS, AND TIDBITS

Proper helmet hygiene should be practiced to keep your helmet clean and in good working condition for a long time. As the majority of riding is done during the warmer months of the year, it's important to remember that your helmet is in contact with your body just as your clothing is. You wouldn't wear the same clothes day in and day out without cleaning and your helmet should be no exception. Using a damp cloth, wipe the liner of your helmet after each ride to remove excess sweat and dirt. When your helmet is not on your head, it should be stored with the shield in the open position and on a slotted surface. Storing your helmet in this manner will allow air to flow freely and prevent the build-up of unwanted odors. Your helmet should be stored in the cloth bag that came with the helmet when it was purchased. In addition, you should store your helmet away from pets and other unwanted guests. Sweat deposits salts on the helmet liner and this is often an attractant for animals who will lick or chew on the liner to enjoy the salt. Storing your helmet in the cloth bag it was purchased with will still allow air to flow through the helmet, but also keep unwanted pests out. Stinging and biting insects may also seek refuge in a helmet, which can result in undesirable circumstances for the rider who fails to inspect the interior of a helmet before placing it on his head. Another good tip is to save a used dryer sheet, one that the scent is not so overwhelming, and place it in your helmet when storing for a period of time. This dryer sheet will absorb odors from the helmet as well as help to prevent static. Lastly, don't neglect the exterior of your helmet. Wash the outside to remove road grime and bug parts, taking time to also clean and inspect the mechanical parts of the helmet such as the pivot points of the shield.



FROM THE SUNSHINE LADY



BIRTHDAYS		ANNIVERSARIES	
Savannah (Chatman)	10/18	Lawrence and Lois Shumate	10/2
Mark Webster	10/18	Jonathan and Anna Puryear	10/8
Judy Manley	10/24	Daniel and Katey Fargis	10/22

WORRY

Is there a magic cut-off period when offspring become accountable for their own actions? Is there a wonderful moment when parents can become detached spectators in the lives of their children and shrug, "It's their life," and feel nothing?

When I was in my **twenties**, I stood in a hospital corridor waiting for doctors to put a few stitches in my daughter's head. I asked, "When do you stop worrying?" The nurse said, "When they get out of the accident stage." My Dad just smiled faintly and said nothing.

When I was in my **thirties**, I sat on a little chair in a classroom and heard how one of my children talked incessantly, disrupted the class, and was headed for a career making license plates. As if to read my mind, a teacher said, "Don't worry, they all go through this stage and then you can sit back, relax, and enjoy them." My Dad just smiled faintly and said nothing.

When I was in my **forties**, I spent a lifetime waiting for the phone to ring, the cars to come home, the front door to open. A friend said, "They're trying to find themselves. Don't worry. In a few years, you can stop worrying. They'll be adults." My Dad just smiled faintly and said nothing.

By the time I was **fifty**, I was sick and tired of being vulnerable. I was still worrying over my children, but there was a new wrinkle. There was nothing I could do about it. My Dad just smiled faintly and said nothing. I continued to anguish over their failures, be tormented by their frustrations, and absorbed in their disappointments.

My friends said that when my kids got married I could stop worrying and lead my own life. I wanted to believe that, but I was haunted by my Dad's warm smile and his occasional, "You look pale. Are you all right? Call me the minute you get home. Are you depressed about something?"

Can it be that parents are sentenced to a lifetime of worry? Is concern for one another handed down like a torch to blaze the trail of human frailties and the fears of the unknown? Is concern a curse or is it a virtue that elevates us to the highest form of life?

One of my children became quite irritable recently, saying to me, "Where were you? I've been calling for 3 days, and no one answered. I was worried." **I smiled a warm smile. The torch has been passed.**

PASS IT ON TO OTHER WONDERFUL PARENTS. (And also to your children. That's the fun part.)

Liz Hester

UPCOMING CHAPTER RIDES AND EVENTS

October 22	Horse Pasture Breakfast	Horse Pasture, VA
October 28	Meet-and-Eat	Location TBD
October 29	Hallo-Wing Ride	Eden/Reidsville/Madison Nursing Homes
November 11-12	Chapter Stew	Dan Valley Community Building Madison, NC

North Carolina District,
Region N, & Nearby
Events Calendar

DATE	HOST CHAPTER	LOCATION	INFO
	October 2011		
15	NC-S2 Open House & Meeting	Sanford, NC	Flyer
15 - 16	Leadership Training Program OCP Training	TBA	
22	NC-G Angels In Heaven Ride	High Point, NC	Flyer
	November 2011		
5	NC District Team Meeting	Hawthorne Inn, Winston-Salem, NC	
25	NC-L2 100 MPH Club Ride	Charlotte Motor Speedway, NC	Flyer
	December 2011		
3	Gifts On Cycles	Goldsboro, Butner, Morganton, NC	Link